



This is my story.

Your past can help someone's future.

Martha and Mary

Martha & Mary

Luke 10:38-42

**Recognize the difference between
distraction, duty and devotion.**

Distraction

“Martha was DISTRACTED by the big dinner she was preparing.”

Luke 10:40

What’s the cure for distraction?

Discovering the “one thing.”

Luke 10:42

Duty

“But Martha was distracted with MUCH serving.”

Luke 10:40

How do we overcome an unhealthy sense of duty?

**Realize Jesus wants you
working with Him, not for Him.**

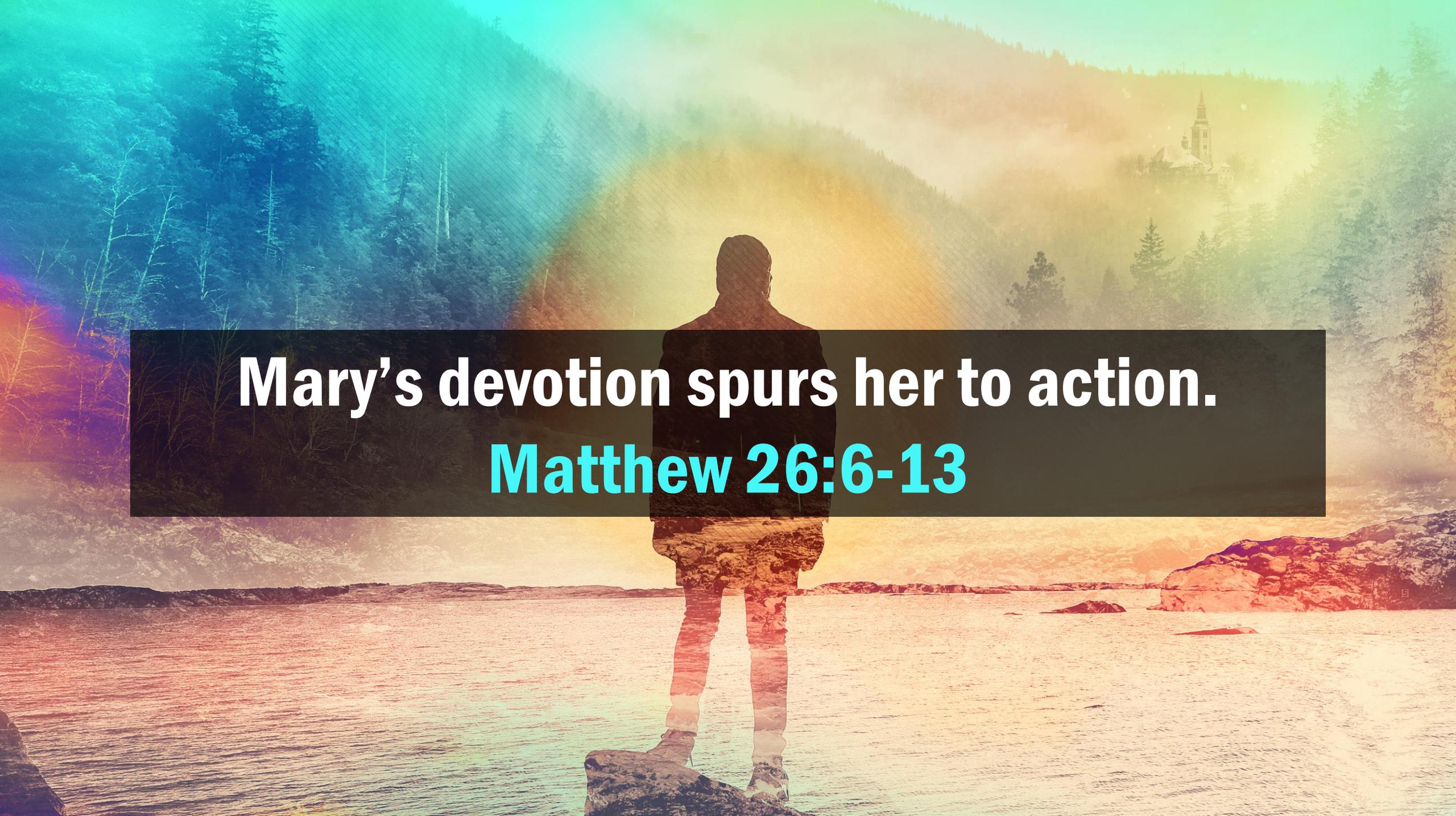
Devotion

“Mary has chosen the good part.”

Luke 10:42

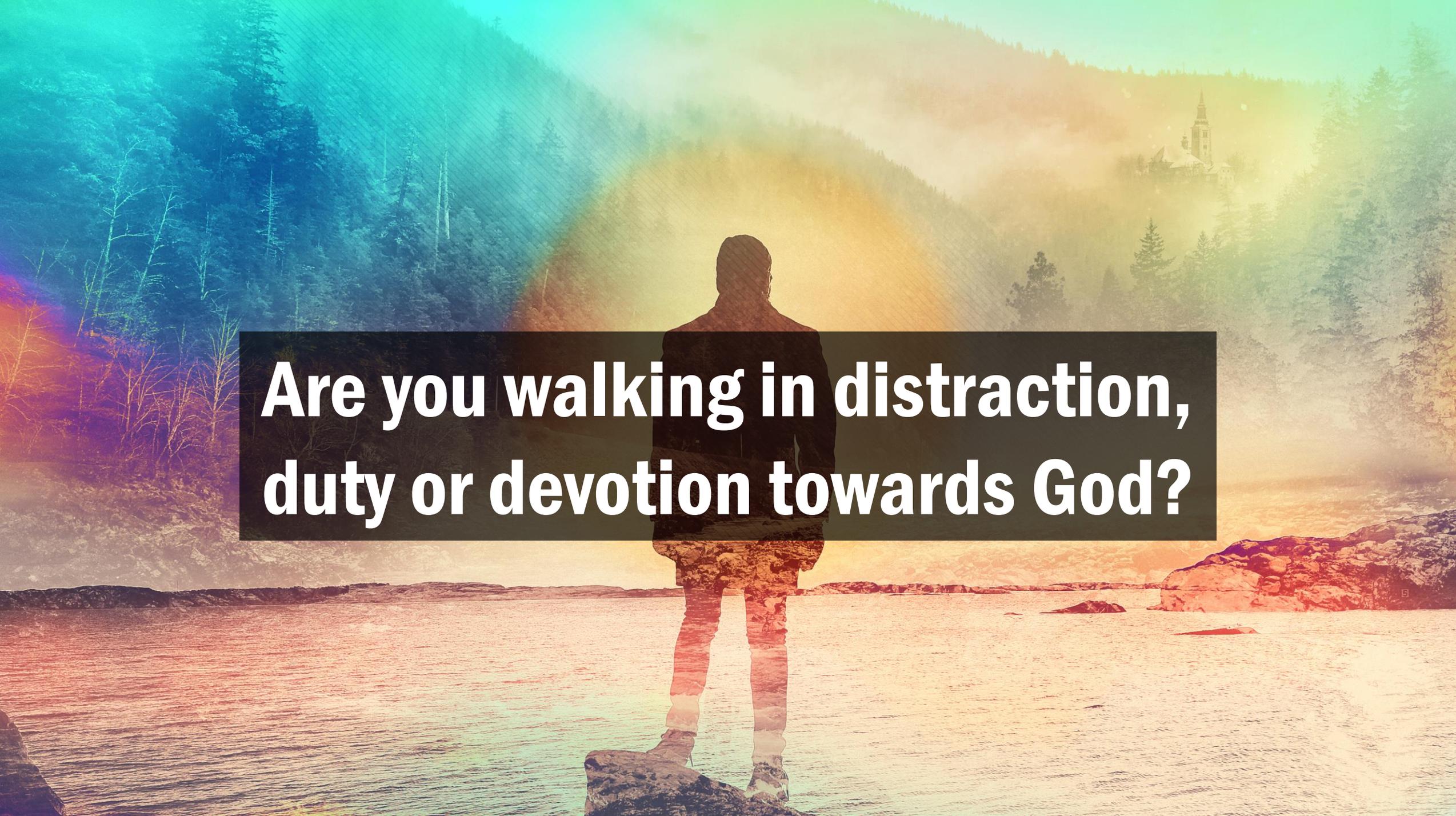
How do we show devotion to God?

Give Him quality time.

A person is seen from behind, standing on a dark rock in the foreground. They are looking out over a calm body of water towards a large, forested mountain. On the right side of the mountain, a church with a tall steeple is visible. The scene is bathed in a soft, golden light, suggesting a sunrise or sunset. The overall mood is peaceful and contemplative.

Mary's devotion spurs her to action.

Matthew 26:6-13

A person in a dark jacket and pants stands on a rock in the foreground, looking out over a calm lake. In the background, a large, forested mountain rises, with a church visible on its peak. The scene is bathed in a warm, golden light, suggesting a sunrise or sunset. The overall mood is contemplative and serene.

**Are you walking in distraction,
duty or devotion towards God?**